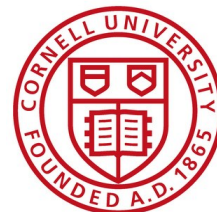
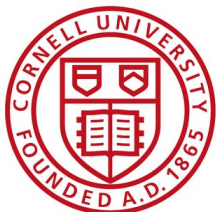




Cornell Cooperative Extension

Cattaraugus County

Annual Report 2021



Cooperative Extension is the door to knowledge in Cattaraugus County



Message from Your Board President:

While 2021 had its share of challenges, it was extremely inspiring to see the staff, volunteers, participants, and families of Cornell Cooperative Extension of Cattaraugus County remain flexible in moving ahead with programming, events, and initiatives that aim to advance the state of agriculture and healthy living in Cattaraugus County. Attend an event or training, follow one of our social media pages, join a club, or contact one of our team members -- and it is easy to see the energy and commitment flowing throughout our organization.

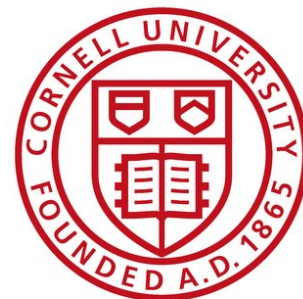
On behalf of the entire Board of Directors, I extend my thanks to our Executive Director, Dick Rivers, for his daily leadership and to our staff for their dedication and creativity in carrying out the mission of CCE and providing essential services to those in our region. Additionally, we thank the Cattaraugus County Legislature for the key resources needed to build future-oriented programs. Your support is surely appreciated.

We look forward to another exciting year of learning and growing in Cattaraugus County.

Jessica Golley, Board of Directors Cornell Cooperative Extension of Cattaraugus Co.

The objectives of this Association are: To provide for a subordinate governmental agency consisting of an unincorporated organization of residents of Cattaraugus County in cooperation with Cornell University and the United States Department of Agriculture; an in accordance with Subdivision 8(b) of Section 224 of the County Law as amended. Also, to extend the educational resources of Cornell University and the New York State Colleges of Agriculture and Life Sciences, Human Ecology and Veterinary Medicine, the Land Grant University system and other educational institutions, to the people of Cattaraugus County to foster economic, social and environmental improvement of its individuals, families and communities

Cornell Cooperative Extension Cattaraugus County



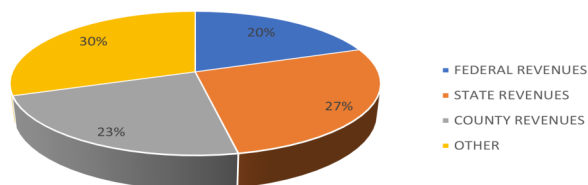
CCE Cattaraugus

Estimate of Support

2021

FEDERAL REVENUES	20%
STATE REVENUES	27%
COUNTY REVENUES	23%
OTHER	30%
TOTAL REVENUES	

2021 Estimate of Support



Our Partnerships:

Supported by a federal, state, and local government partnership, the national land grant system, and Cornell University, CCE's professional staff engages New Yorkers in research, outreach and educational programs that transform communities. These resources are distributed through our local Cattaraugus County Extension Program.

Our Mission:

Cornell Cooperative Extension puts knowledge to work in pursuit of economic vitality, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world.

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Cornell Cooperative Extension Cattaraugus County



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Michelle Conhiser, Goat

Kristen Dunham, Horse Co-Chair

Marcia Stang, Sheep/Horse Secretary

Crystal Duffy, Poultry/Rabbit

Raeleigh Smith, Swine

2021 Family and Consumer Sciences (FACS) Committee

Laura Land

Sharon Wild



Priscilla Snider

Nancy Olejniczak



*Cornell Cooperative Extension
Cattaraugus County
Board of Directors*



Photo courtesy of A Beautiful Glimpse

4-H Youth Development

4-H is the largest youth development organization in the nation. The 4-H program provides youth the opportunity to develop essential life skills that help them build self-confidence and the leadership skills needed for success.

With the countless opportunities that this organization offers, youth involved in the program can build life skills to be used as they become the makers, doers, and leaders of tomorrow.

Essential to the development of our youth, Cattaraugus County has a strong club and volunteer base, as well as communication tools. With our weekly newsletter, Facebook page, and email list serve we can spread news and information, quickly, throughout the county.

For the 2020-2021 4-H Program Year, Cattaraugus County had 291 enrolled youth participating in a wide variety of hands-on projects. We had 60 Cloverbuds registered last year.

Clubs

Being a part of a club, members learn the 4-H pledge and are encouraged to use the 4 “H’s”, their **Heads, Hearts, Hands, and Health** in all disciplines that can benefit their community. Cattaraugus County currently has 16 active 4-H Clubs. Of our enrolled youth, about half are enrolled as a Club member, while the remaining half elect to participate as Individual members.

Volunteers

Cattaraugus County is extremely proud to have over 51 registered volunteers who work with the young people in our 4-H Program. Many of our volunteers are home grown 4-Hers that have gone through the program and have returned to give back to our community. Volunteers provide an encouraging atmosphere for our 4-Hers, they lead workshops, act as mentors, and help guide our 4-H members with the many animal, leadership, STEM and life skills projects we offer.

Ag Literacy

Ag in the Classroom is a hands-on learning opportunity for elementary age students in grades 3rd – 5th to learn new things about the Agricultural Industry. Each March, volunteers across the state read to students during Ag Literacy Week. This year’s book was *Tales of the Dairy Godmother; Chuck’s Ice Cream Wish* by Viola Butler and art by Ward Jenkins. A total of 59 classrooms and 914 students from 7 different school districts participated. CCE of Cattaraugus County partners with Cattaraugus County Farm Bureau each year to reach as many youth as possible to spread the joys of Ag!

4-H is a **community** of **young people**
 **across America** who are learning
leadership, citizenship and
life skills.

Cattaraugus County Fair

The Cattaraugus County Fair is the end of year showcase for our 4-H youth and their annual projects. There was a total of 238 youth with 563 animals:

Alpaca = 6 youth 6 animals

Beef = 28 youth 53 animals

Cat = 4 youth 5 animals

Dairy = 40 youth 85 animals

Dairy Steer/Feeders = 13 youth 19 animals

Dog = 6 youth 6 animals

Goat = 25 youth 58 animals

Horse = 56 youth 78 horse/rider combo

Poultry/Duck = 50 youth 113 animals (includes 4 ducks, 1 show turkey, & 2 pigeons)
12 egg exhibits

Rabbit = 20 youth 34 animals + 1 cavy

Sheep = 28 youth 39 animals

Swine = 76 youth 66 animals

Youth Building = 63 youth

Youth Market Sale

110 4-Her's participate in the Youth Market Sale with 186 animals. A total of 24 beef steers, 8 dairy steers, 7 goats, 21 lambs, 65 hogs, 26 turkeys, and 35 pairs of chickens were sold. Support from the local business community and residents came out to the county fair to participate in the auction.

Pheasant Raise and Release Program

DEC has a long history of propagating pheasants to help meet the demand for pheasant hunting opportunity. Wild populations of this introduced species have reached all-time lows. Without propagation and release programs by DEC and private entities, pheasant hunting opportunities would not exist in New York State. 1,505 pheasants were distributed to 16 Cattaraugus County 4-H families and community members. In 2020 1,132 pheasants were distributed to 14 families.

Incubation Project

54 different classrooms from 6 school districts with students in grades Pre-K to 5th participated this year. This was completed virtually via Zoom and/or Microsoft TEAMS. In 2020, 4 schools participated in hatching eggs in their classrooms with eggs and incubators.

I love 4-H





Awards and Recognition:

Eliza Schrantz placed 1st in NYS Horse Communications, she was eligible to compete at the Eastern National Round Up. New York State representatives were not able to compete. She placed 6th at the National Quarter Horse Congress speaking competition.

Congratulations Eliza!



Photo courtesy of A Beautiful Glimpse

Photo courtesy of A Beautiful Glimpse





The Expanded Food and Nutrition Education Program (EFNEP) which began nationally in 1969, strives to address the issues with food insecurity, physical inactivity and nutritional health and well-being that are often barriers for low-income families, particularly those with young children, in our nation.

EFNEP employs and continually trains peer educators to meet with individuals and groups through a community-based, relationship-driven, hands-on educational approach. The lessons are provided through a series of 8 **FREE** nutrition classes that include food safety practices, physical activity, and ways to help families stretch their grocery dollars and other food resources.

Due to obstacles related to the Covid-19 pandemic in working with our agency partners and program participants, Gayle and Leann, along with other educators around the state and nation found new and creative alternative ways to continue delivering our programming. Outdoor spaces are sought out and utilized for meeting based on comfort levels agreed upon by both educator and participant and when weather permits. Virtual sessions are available both through Zoom and Facebook Live.

Another opportunity made available this year was the opportunity to reach 18- to 25-year-olds without children. The ideal audience for EFNEP programming is parenting adults whose children are 19 or younger and living in the home, but the **Young Adult Pilot** allows us to work with individuals outside the normal parameters. This could include youth transitioning out of foster care and youth who are emancipated from their parents. While they don't have children of their own currently, they may be likely to in the future and as such, it is important for them to have nutrition knowledge and skills for themselves and their future children. Several individuals have successfully participated in this pilot so far.

Gayle and Leann continue to use their **Nutrition Educators of CCE Cattaraugus County** Facebook page, and they also host a Live Chat on Facebook each Thursday with discussions about a range of topics including specific food items, healthy food and activity choices, kitchen safety, meal planning and more. On occasion, they also venture out to locations around Cattaraugus County to highlight the many healthy resources and opportunities that are locally available to Cattaraugus County residents. Additionally, plans are in the works to create an Instagram presence by the end of 2021.

To learn more about EFNEP or schedule classes, our contact information is:

Gayle Patterson: gsp72@cornell.edu 716.699.2977 Ext. 109

Leann Hodge: lmh292@cornell.edu 716.699.2377 Ext. 107

Facebook: Nutrition Educators of CCE Cattaraugus County / @CCECattEFNEPEd1

SOUTHWESTERN REGION



Fluffy, pumpkin pancakes will delight your taste buds at breakfast or dinner.

Ingredients



- 1 egg
- ½ cup canned pumpkin
- 1 ¾ cups nonfat or 1% milk
- 2 tablespoons vegetable oil
- 2 cups flour
- 2 tablespoons brown sugar
- 1 tablespoon baking powder
- 1 teaspoon pumpkin pie spice
- 1 teaspoon salt
- 5 tablespoons raisins (optional, to make faces)

Directions

Combine eggs, pumpkin, milk and oil in large mixing bowl.

Add flour, brown sugar, baking powder, pumpkin pie spice and salt to egg mixture. Stir gently.

Lightly spray a large saute pan, skillet or griddle with non-stick cooking spray or lightly wipe with oil. Heat, saute pan, skillet or griddle over medium-high heat (300 degrees in an electric skillet). Using a 1/4 cup measure, pour batter on hot griddle.

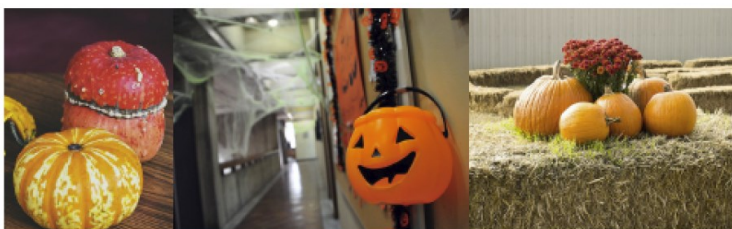
Put a face on the pancake, using raisins for eyes and teeth. Drop raisins in batter while it cooks.

Pancakes are ready to turn when tops are bubbly all over, and the edges begin to appear dry. Use a quick flip with a broad spatula to turn pancakes. Turn only once. Continue to bake until bottoms are brown and dry. Refrigerate leftovers within 2 hours.

Healthy Tricks and Treats

Halloween is a fun time to get creative. Focus on activities to get moving and avoid too much sugar.

- ⇒ Have a healthy meal before you go trick-or-treating. Avoid filling up on candy because you are hungry.
- ⇒ Kids should use their energy to earn their treats. Walk, run, ride bikes, roller skate, or find other fun and active ways to safely trick-or-treat.
- ⇒ Choose a small bag to collect treats.
- ⇒ Make candy last longer. Set a limit on the amount of candy a child can have every day.
- ⇒ Take family walks to check out neighborhood decorations or see the leaves changing colors.



Become a Master Gardener in Cattaraugus County

We are building a new team of Master Gardeners in Cattaraugus County! If you are interested in gardening, horticulture, and working on educational community projects, then the Master Gardener Volunteer Program might be for you.

What is a Master Gardener Volunteer?

Master Gardener Volunteers are prepared to be peer educators who build relationships with community audiences, neighbors, and organizations. They work to integrate local experience and research-based knowledge to help their communities manage gardens, lawns, and landscapes with an emphasis on food security and environmental stewardship.

Volunteers might work in our office to answer questions from the public to our gardening hotline, or assist in conducting garden soil tests for residents, or identify garden pests and plant disease problems. Master Gardeners could work with the county 4-H program with gardening projects, work with a local school or community garden, or perhaps write an article for a local publication.

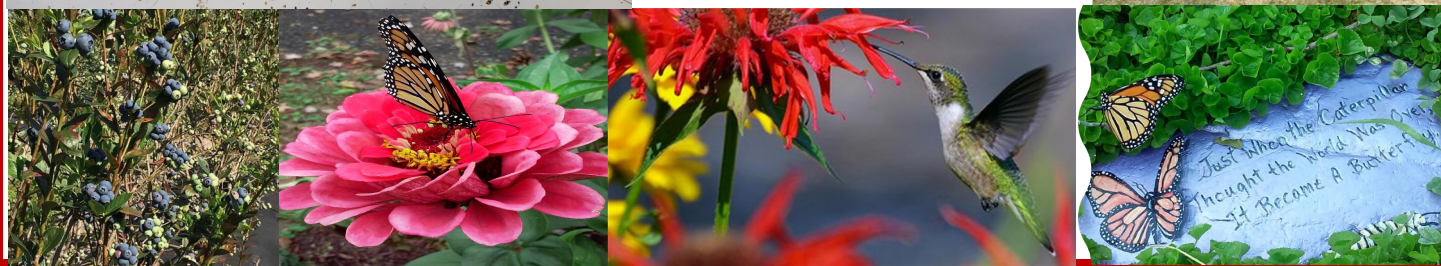
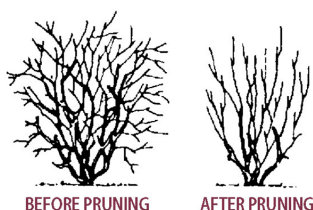
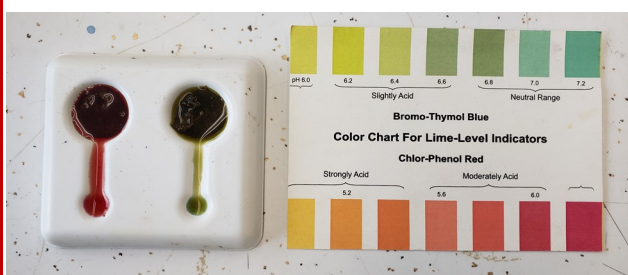
How Do I Become a Master Gardener?

Master Gardeners must complete the 55-hour training course offered by CCE, which offers instruction in many relevant aspects of horticulture and gardening science, with curriculum guided by the Cornell Garden Based Learning Library. Once graduated from the core training, the new Master Gardener Apprentice's complete 50 hours of volunteer work in the first year, before becoming full Master Gardeners with a 30-hour volunteer commitment annually to stay active within the program.

CCE Cattaraugus is happy to be recruiting new volunteers and is offering the Master Gardener training course starting this fall, running from November 13th through March 2022. The course will be offered as a hybrid, with some sessions virtual, and some sessions offered in person. A virtual option will be available for all sessions. Space is limited, and there is a registration fee of \$125.00.

If you are interested in finding out more about this program, and receiving and application, please contact Jesse Meeder, jpm453@cornell.edu.

Below are some examples of the educational workshops we held this year.



Contact Our Specialists



Katelyn Walley-Stoll

*Team Leader
Farm Business Management*
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Amy Barkley

Livestock and Beginning Farms
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Camila Lage

Dairy Management
607-422-6788
cd546@cornell.edu

We're hiring! Give Katelyn a call to learn more about our Field Crops Management Specialist position and how to apply.

"Cows, Crops, and Critters Newsletter" by the Southwest New York Dairy, Livestock, and Field Crops Program with Cornell Cooperative Extension in partnership with Cornell University and the five county region of Erie, Chautauqua, Cattaraugus, Allegany, and Steuben and their CCE Associations. To simplify information, brand names of products may be used in this publication. No endorsement is intended, nor is criticism implied of similar products not named. Every effort has been made to provide correct, complete and up-to-date pesticide recommendations. Changes occur constantly and human errors are still possible. These recommendations are not a substitute for pesticide labeling. Please read the label before applying pesticides. By law and purpose, Cooperative Extension is dedicated to serving the people on a non-discriminatory basis. Newsletter layout and design by Katelyn Walley-Stoll.

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**CROPS
COWS &
CRITTERS**
newsletter

For accommodations or accessibility concerns, please contact our specialists at least one week prior to the scheduled event. If you need information provided in a different format, call 716-640-0522.



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Kim Knappenberger – LERGP NEWA and Vineyard Improvement Program Contact

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Kate Robinson – Administrative Assistant

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Lake Erie Regional Grape Program

A cooperative program between Cornell and Penn State Universities, Cornell Cooperative Extension Associations in Chautauqua, Cattaraugus, Erie and Niagara Counties, Penn State Extension – Erie County, NYS IPM Program, National Grape Cooperative, Constellation Brands, Walker's Fruit Basket and growers of the Lake Erie Grape Industry

LERGP Home Pages: <http://lergp.cce.cornell.edu>; <http://lergp.com> Phone: 716.792.2800



VEGEdge

YOUR TRUSTED SOURCE FOR RESEARCH-BASED KNOWLEDGE

VegEdge is the highly regarded newsletter produced by the Cornell Vegetable Program. It provides readers with information on upcoming meetings, pesticide updates, pest management strategies, cultural practices, marketing ideas and research results from Cornell University and Cornell Cooperative Extension. VegEdge is produced every few weeks, with frequency increasing leading up to and during the growing season.

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Cornell Cooperative Extension Cornell Vegetable Program

For more information about our program, email cce-cvp@cornell.edu or visit CVP.CCE.CORNELL.EDU



Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.



Executive Director's Report

Programs - A lot of excitement was experienced as the Cattaraugus County Fair was back on our schedule. The beautiful weather brought in record crowds to the fair. Our livestock fair brought in a record \$224,000 for the sale of animals belonging to 4-H Club members. We had many positive comments on the 4-H entries in other venues too. 4-H staff have been creative in their programming, both online and many now back live this fall.

In the area of Nutrition Education, the EFNEP and SNAP programs continue to serve a real need in the community. Staff are looking for new opportunities to recruit and promote their programs. Currently, we are looking at rebranding the two programs into a more recognizable name that would tell more than the current acronyms.

Our Master Gardener program started this spring with a series of workshops online. This series captured a lot of interest from the community. Currently our first Master Gardener Class will kick off in November and will complete in early spring 2022. This should provide us with a group of Master Gardener volunteers to support projects the county.

A new program in Master Food Preservation is planned due to community demand. This is caused by the number of residents growing their own vegetable and produce. This project will link in with our plan to set up a demonstration kitchen in our facility.

Staff Positions - All positions have been funded during the past year and we have been successful in securing the Federal Payroll Protection Program, both last year and this year. Loans for both years have been fully forgiven. The purpose of the loan program was to make up for lost revenues due to Covid-19

We are currently interviewing for a full-time Master Gardener Coordinator. The position will be shared between Chautauqua County CCE and Cattaraugus CCE.

Internships have provided opportunities for three young people this year, Eli Olejniczak, Raeligh May and Ashley Lyman. Eli, a 4-H member is now attending University of Pittsburgh at Bradford. Raeligh and Ashley are both seniors at Cobleskill. All three have been involved in 4-H while in high school.

Home for CCE - As many of you know, we have had numerous discussions and considerations for where our home will be in the future. The lease with the Town of Ellicottville will expire in December of 2022. We are pleased to announce that a new lease with the Town is being finalized and will signed in the very near future. The support and encouragement of the town supervisors has made this arrangement possible. The result will be an updated modern facility for CCE, including a more secured area including our own entry to the parking lot, more flexibility in office space, a demonstration kitchen and more built-in technology for recording and live programming.

Dick Rivers

*Cooperative Extension is the door to knowledge
in Cattaraugus County*

Building Strong and Vibrant New York Communities

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.